

Trainer Research & Development Checklist



Welcome to Caring for Care!

Whether you're an experienced trainer new to us or just starting your journey as a trainer, taking time to research and develop your skills is crucial. Follow this checklist to ensure you're prepared and continuously improving in your field.

Actions You Can Take

Research

- Look into the **specific qualifications or certifications** needed in your field of expertise.
- Identify any **mandatory health and safety qualifications** required for your role.
- Check industry regulations to ensure you meet **current compliance standards**.
- Review course syllabuses and requirements for **Train the Trainer qualifications** (AET, PTLLS, or equivalents).
- Explore **specialist qualifications** that may enhance your expertise (e.g., clinical, first aid, manual handling).

Bonus Action

- Identify any **skills you may need to improve** to become a more effective trainer.
- Make a list of **certifications you still need to obtain** and set realistic goals to achieve them.
- Develop a **plan for professional growth**, such as attending additional training, CPD courses, or networking with other trainers.
- Consider **shadowing an experienced trainer** to gain insights into best practices.
- Stay informed by **joining relevant industry groups** and forums.



To Do List:



Why is this Important?

- Ensures you meet industry requirements and professional standards.
- Helps you build confidence and credibility as a trainer.
- Keeps your knowledge and skills up to date, improving training delivery.
- Prepares you for future opportunities and career growth.

If you have any questions, please do not hesitate to contact: recruitment@caringforcare.co.uk

